

# angle ORTHODONTICS house

## The Smile File

WINTER NEWSLETTER  
2015

Like and follow  
Angle House Orthodontics  
[www.facebook.com/anglehouseorthodontics](http://www.facebook.com/anglehouseorthodontics)



### Mothers' Day Competition.

**Congratulations to Hugh** who was the lucky winner of our Pink Ribbon Mothers' Day fundraiser. Hugh's mum was the lucky recipient of a very pink hamper full of wonderful goodies.

Thank you to everyone for taking part. We raised **\$231** for the Pink Ribbon Foundation supporting research into breast cancer.



### Inside this issue

Type 1 Diabetes	2
Propel: Groundbreaking Technology	3
Scenes from Far Shores	4

### Fathers' Day Competition:

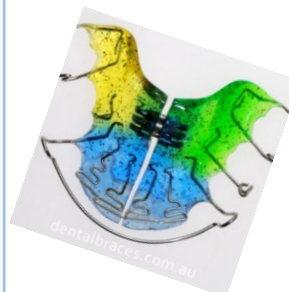
Don't forget to enter our Fathers' Day Colouring Competition and win your dad a \$100 gift voucher next time you are at the practice.

The competition runs throughout August. Winner to be announced 3rd September 2015.



For gum problems, implants and other periodontal therapy, see Dr Nupur at Melbourne Periocare, now consulting at Angle House. To book a consultation with Dr Nupur, phone 9817 1860 or visit [www.melbourneperiocare.com.au](http://www.melbourneperiocare.com.au)

### TODAY'S TIP:



**Make sure you wear your retainers, aligners and removable appliances when you come to your orthodontic appointments.**

## Type 1 Diabetes :-

Here at Angle House we have a special interest in supporting research into Juvenile (Type 1) Diabetes. Typically striking young people, Type 1 diabetes is an autoimmune disease that destroys the ability to produce insulin, which is vital for life. This means that people with Type 1 diabetes require a daily regime of multiple injections or continuous infusion of insulin through a pump, as well as 6 – 8 finger-prick blood tests, to stay alive.



There are more than 120,000 Australians living with Type 1 diabetes.

Ongoing research is needed to more fully understand the complicated mix of genetic and environmental factors that may cause or trigger this disease and to one day find a cure. This winter Angle House Orthodontics is supporting this research by running the JDRF (Juvenile Diabetes Research Foundation) Jelly Babies Fundraiser.

Seventeen years ago a group of mums whose children have Type 1 Diabetes (T1D) decided they wanted to be part of a better future through supporting medical research. They chose the jelly baby to symbolise childhood with T1D.

People with T1D usually travel with a 'hypo kit' that supplies an emergency source of sugar if their BGL (blood glucose level) drops dangerously low. For most people a hypo kit usually includes a few lollies.



Low blood glucose can be life-threatening if left untreated, so Jelly Babies can be a lifesaver. In the stressful moments of a hypo, the friendly jelly faces can also help to calm the children that live with this chronic disease.

See more at: <http://jdrf.org.au/jellybabies/about>

## PROPEL : Ground Breaking Technology :-

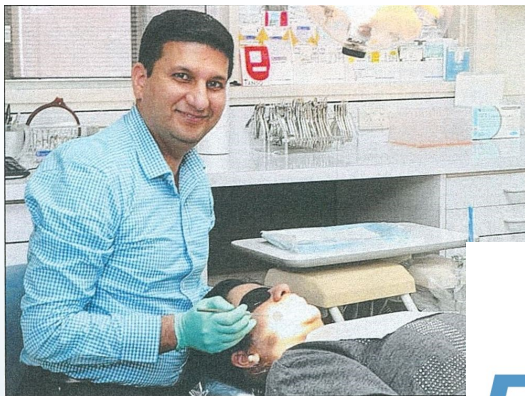
Dr Kataria is the first orthodontist in Australia to adopt a brand new technology available to certain patients to encourage faster orthodontic outcomes.

**Propel Excellerator** is used as a quick treatment to stimulate the bone to help certain teeth respond better to orthodontic treatment. It creates a biological response that will stimulate the bone to allow the teeth to move faster.

The technique is relatively simple and requires the use of a topical anaesthetic ointment prior to Dr Kataria inserting Propel Excellerator into the gum. The insertion of Propel is usually pain free. It is a simple in-surgery treatment that takes just minutes during an orthodontic consultation.

There is no healing or down time. Most patients don't feel anything after the anaesthetic wears off, at most they may feel some minor sensitivity for about 24 hours.

To find out more about **Propel Excellerator** please contact the practice on 9817 6427.



*"A smile confuses an approaching frown" - Anon.*



## Scenes from Far Shores :-

The Angle House staff room has been highly decorated this year with photographs from all over the world. Some of our staff have been very fortunate to experience overseas travels in exotic destinations such as Hawaii, Thailand, Turkey, England, France, Spain, Germany and New Zealand. Here are a few of those happy snaps:



## Angle House Orthodontics

Dr Gopal Kataria  
Specialist Orthodontist  
7 Whitehorse Road  
Balwyn 3103

Ph: 9817 6427  
E: [info@anglehouseorthodontics.com.au](mailto:info@anglehouseorthodontics.com.au)  
[www.anglehouseorthodontics.com.au](http://www.anglehouseorthodontics.com.au)

