



Looking for some new entertainment for the kids? Ask our staff for Audio CD's of Roald Dahl's stories. They are terrific for long trips in the car.

## **NEWSLETTER VOLUME 2**

Welcome to our winter newsletter.

### **TEAM NEWS**

- Katrina joined the practice as our new Treatment Coordinator in February. If you have any questions about Invisalign, she is here to help. Just call the practice and ask for her.
- After 38 years as our dental assistant and lab manager, Coral is leaving Angle House. We wish her all the best for her next step and will miss such a great team member. Farewell Coral!
- We wish Melanie all the best for her final studies to complete her certificate III in dental assisting.
- Kelly will be going on Maternity leave in August. We can't wait for her new arrival!
- WANTED: new staff members to join our friendly team. Send your resume to : [info@anglehouseorthodontics.com.au](mailto:info@anglehouseorthodontics.com.au)

### **OPEN HOUSE:**

Invisalign is the clear alternative to braces, so you can have straight teeth without wearing conventional metal braces.

Over a million people world wide have achieved straight teeth invisibly.

Find out if Invisalign is right for you at our **FREE** Open House. Information, a clinical assessment by specialist orthodontist Dr Kataria and refreshments are provided.

**WEDNESDAY 26th OCTOBER at 6pm**

Limited Spaces so bookings are essential

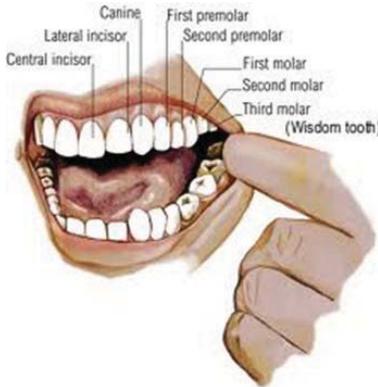
Phone **9817 6427** to register

**OPEN HOUSE SPECIAL OFFER:**

FREE teeth whitening at the end of your Invisalign treatment.



## WISDOM TEETH



Wisdom teeth are the third molars and they usually develop between the age of 17 and 24. As the wisdom teeth erupt it is very important to keep the area clean by brushing well 2-3 times a day to avoid food packing under the gum causing inflammation.

Often the jaw is not large enough to accommodate these teeth into the mouth to be fully functional.

Your general dentist or orthodontist will often refer you for a OPG (orthopantomogram) xray to check the alignment of the wisdom teeth.



Some wisdom teeth become impacted and are unable to erupt fully. Problems can arise when the tooth is impacted as the gum tissue around the crown of the tooth becomes irritated and sometimes infected causing pain and swelling.

The OPG will show clearly if the tooth is impacted and therefore it is often recommended to extract these teeth.

## Parents Corner

Looking for a delicious and nutritious meal to try that's perfect for when braces have just been fitted? Try our breakfast smoothie:

In a large blender put banana, milk, almond meal, yoghurt, 2 weetbix, and any canned fruit or juice. Blend on high for 1 to 2 minutes and serve in a tall glass.

Add extra milk for a thinner consistency and for the brave try adding a raw egg for extra protein. DELICIOUS!



## CONTACT DETAILS



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**Prizes To  
Be Won**

**Brush, Brush, Brush**

Don't forget that every month you can go into the draw to win a \$15 iTunes gift card or movie voucher!



Keep on brushing and remember to floss and use your little yellow interdental brush.

